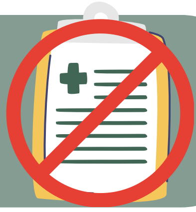
REKA TUVUGE KURI
HEPATITE B NA C

ibimenyetso byo kwitondera[1, 2, 3]

Akenshi nta bimenyetso bigaragara

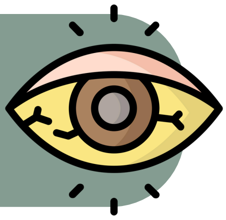


Kubabara mu ngingo bidasobanutse

Kugira isesemi, kuruka, kubura ubushake bwo kurya

Umunaniro, intege nke, cyangwa kubura imbaraga

Guhinduka umuhondo ku gice cyera cy’amaso n’uruhu



Hepatite B na C zishobora kongera ibyago byo kurwara kanseri y'umwijima

ibintu byongera ibyago n'uburyo bwo kwirinda[1, 2, 3, 4]

Ibi bintu bishobora kongera ibyago byo kwandura hepatite:

- Guhura n'amaraso yanduye cyangwa andi matembabuzi yo mu mubiri
- Gukorana imibonano mpuzabitsina idakingiye
- Gusangira ibintu bityaye cyangwa ibindi bintu bishobora kuba byandujwe n'amaraso arwaye

Ushobora gufata izi ngamba kugira ngo ugabanye ibyago byo kwandura hepatite:

- Fata urukingo rwa hepatite B
- Kora imibonano mpuzabitsina ikingiye
- Ntugasangire inshinge
- Wambare uturindantoki igihe cyose ushobora guhura n'amatembabuzi y'undi muntu

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Let’s talk about CANCER
LEARN. FIGHT. HOPE.

GUSUZUMA HEPATITE

ibibazo bikunze kubazwa [5, 6, 7, 8, 9, 10]

Hepatite ni iki?

Hepatite B na C ni indwara ziterwa na virusi zitera uburibwe mu mwijima. Muri rusange ziravurwa kandi abantu benshi barakira neza.

Ninde ukwiye kwipimisha hepatite?

Kwandura hepatite B cyangwa C bishobora kongera ibyago byo kurwara kanseri y'umwijima. Ugomba kwipimisha niba:

- Niba utarigeze wipimisha mbere
- Ukora ibikorwa byongera ibyago byo kwandura, nko gusangira ibikoresho bityaye cyangwa imibonano mpuzabitsina idakingiye
- Ushobora kuba warahuye na hepatite B cyangwa C

"Gupima hepatite" bivuze iki?

- Gupima ni igihe muganga wawe agusuzuma mbere yuko ugira ibimenyetso
- Gupima hepatite bishobora kugaragaza ubwandu mbere yuko ibimenyetso bigaragara
- Gupima ntibikumira kanseri

Ni gute umuntu apimwa hepatite?

- Vugana na muganga wawe umusabe ko upimwa
- Baza muganga wawe inshuro ugomba gupimwa

Ni iki nkwiye kwitega igihe nzasuzumwa?

Bitewe n'ibyago ufite, muganga wawe ashobora kugusaba ikizamini cy'amaraso cyo gupima hepatite B na hepatite C

1- https://www.nhs.uk/coniver-cancer.html1- https://www.cdc.gov/hepatitis/hcp/clinical-overview/index.html
2- https://www.who.int/news-room/fact-sheets/detail/hepatitis-b
3- https://www.who.int/news-room/fact-sheets/detail/hepatitis-c
4- https://www.cdc.gov/hepatitis-c/prevention/index.html
5- https://www.cdc.gov/hepatitis/hcp/clinical-overview/index.html
6- https://www.mayoclinic.org/diseases-conditions/hepatitis-b/symptoms-causes/syc-20366802
7- https://www.hepctrust.org.uk/about-hep-c/treatment/
8- https://www.who.int/publications/i/item/9789240104082
9- https://www.cdc.gov/hepatitis-c/hcp/diagnosis-testing/index.html
10- https://www.cdc.gov/hepatitis-b/testing/index.html